

PISCINA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
10:00 - 10:50	Acua-Tono	Acua-Gim		Acua-Gim			
11:00 - 11:50			Acua-Gim		Acua-Gim		
14:15 - 15:05	Acua-Gim		Acua-Gim		Acua-Gim		
19:15 - 20:05		Acua-Tono		Acua-Gim			
SALA II	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
10:00 - 10:50		Yoga iniciación		Yoga multinivel			
19:15 - 20:05	Yoga iniciación		Yoga multinivel				
20:15 - 21:05	Yoga iniciación		Yoga multinivel				
SALA III	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00 - 08:50		Cycling Virtual		Cycling Virtual			
09:00 - 09:50	Cycling Virtual		Cycling Virtual				
10:00 - 10:50	Cycling Virtual	Cycling Virtual	Cycling Virtual	Cycling Virtual	Cycling Virtual	Cycling Virtual	Cycling Virtual
12:00 - 12:50							Cycling Virtual
13:00 - 13:50		Cycling Virtual		Cycling Virtual	Cycling Virtual		
14:15 - 15:05		Cycling Virtual		Cycling Virtual	Cycling Virtual	14:00 Cycling Virtual	14:00 Cycling Virtual
15:00 - 15:50	Cycling Virtual		Cycling Virtual				
16:00 - 16:50		Cycling Virtual		Cycling Virtual			
17:00 - 17:50	Cycling Virtual		Cycling Virtual		Cycling Virtual		
18:00 - 18:50		Cycling Virtual		Cycling Virtual		Cycling Virtual	Cycling Virtual
19:00 - 19:50	Cycling Virtual		Cycling Virtual				
20:00 - 20:50		Cycling Virtual		Cycling Virtual	Cycling Virtual		
21:00 - 21:50	Cycling Virtual		Cycling Virtual				
SALA V	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:15 - 07:50	Tono		Gym		GAP		
08:00 - 08:50	GAP	Gym	GAP	Gym	Tono		
09:00 - 09:50	Total Barre	GAP	Tono	GAP	Gym		
10:00 - 10:45	Gym	Estiramientos	Total Barre	Tono	Total Barre		
11:00 - 11:45	Tono	RP		RP		Gym	
12:00 - 12:45	GAP	Pilates	Estiramientos	Pilates	Tono	TBC	
13:00 - 13:45	Total Barre	Tono	Total Barre	Tono	Gym	Tono	
14:00 - 14:45	Tono	Gym	Tono	Gym	GAP		
15:00 - 15:45	Gym	GAP	TBC	GAP	TBC		
16:00 - 16:45	TBC	Pilates	Gym	Tono	GAP		
17:00 - 17:45	RP	Total Barre	GAP	Pilates	RP		
18:00 - 18:45	Tono	GAP	Tono	GAP	Pilates		
19:00 - 19:45	Pilates	Zumba / Tono	RP	Gym	Estiramientos		
20:00 - 20:45	Tono	TBC	Pilates	Zumba	Tono		
21:00 - 21:45	Estiramientos	Gym	Tono	Gym			